# GETTING TO "HAPPINESS OF PURSUIT"

## Nature

*The gifts we are born with*

- Temperaments – collaboration of 9
- Dominance Factor
- Intelligence – collaboration of strengths
- Pattern / cycle of human development

## Nurture

*Influence of environment on nature*

- Experiences
- Play
- Culture

## "Goodness of Fit"

Compatibility of Nature and Nurture

## Connection

### Parents – our Roots:

**First point of connection** – *we are born thinking we are still part of our mothers – the deeper connection with our parents the deeper our roots grow and the more connected we feel*

### Ourselves:

**Second point of connection** – *as our roots grow we feel secure enough to experiment, take risks, and stand on our own. Through this we learn:*

- How we learn
- Our own interests
- Our strengths
- Work arounds for our challenges

### Community – our Wings:

**Final point of connection** – *how we relate to those around us. Our learned ability to modify our nature to get along with others connecting with our interests through our strengths*

## Happiness of Pursuit

- Messy
- Not always happy in the moment
- Grows from with-in
- Deep and stable
- From which perseverance, self-control, and self-motivation naturally flows